

Every
One
Matters.

COOKING WITH FRIENDS



4 week program geared for children
in grades 3-8 with a diagnosed disability

Time: 5:00pm-7:00pm

Dates: Thursdays
Oct 31st, Nov 7, 14, 21

**Location: West Elgin Community
Health Centre**

Completion of an intake form is required

Your Hosts:

Kristyn (Child and Youth Worker)
Cindy (Registered ECE)
Debi (Registered Nurse)
Larissa (Registered Dietitian)



To register and learn more about our
program requirements call Kristyn at
519-768-1715 ex 2314

This program requires a minimum of
4 participants to run.