



With the Province's current reopening plan the Health Centre has started to schedule in-person programs. Our planning adheres to Provincial guidelines and in consultation with Public Health.

All Health Centre staff continue to provide service by telephone or virtual visits as well as see our clients in person. In person appointments will also gradually increase in the coming months.

Seniors and Adults with Disabilities Program:

Meals on Wheels on Monday, Wednesday and Fridays Soup's Out August 24th (delivery around noon)

Parkinson Support Group in person at the HUB patio - Thursday, August 26th 10 - 11 a.m. Virtual Zoom Chair Yoga (on hold for the rest of the summer) Acquired Brain Injury Group on August 10th and August 24th from 1:00 - 2:00 p.m. Drop-In Group - Thursday, August 26th from 4 - 5:00 p.m. (location TBD) FUNctional Fitness - permanent date schedule TBD

Caring Crafters, Mondays in person at the HUB, 1:00 - 3:30 p.m. Arting Around on Wednesdays from 10:30 a.m. - 12 noon (date and time could change) Walk 'n Dine first Thursday of every month, 11:00 a.m. - 12 noon (participants take meal home) Transportation remains in place for essential rides

For all other programs please check in with Shelly or Jenna 519-768-1715, Ext. 2210 or 2319

Let's Connect Programming:

Children's Fitness Facebook live Monday, August 9th, 5:30 - 6:30 p.m. (children 3 - 6 years of age) Stroller Walk and Lunch, Wednesday, August 18th 10:30 a.m. - 12:00 noon For our program calendar please connect with Kelly or Cindy at 519-768-1715 Extension 2314 or 2202 or watch for our Facebook posts!

*Hours of Service Monday - Friday 8:30 a.m. - 4:30 p.m. Closed 12 noon - 1 p.m.

If you have any questions please call 519-768-1715

Dynacare Lab Services Update:

For June - August 2021 Dynacare Lab Services will be providing services on Thursdays only from 8:30 a.m. - 11:45 a.m. and 1:00 - 4:00 p.m. at the Health Centre. We encourage you to call first at 519-768-8790 to ensure lab service is available.

Elgin County Covid-19 Vaccination Information

Vaccination is by appointment only. You can book an appointment in St. Thomas, Mount Brydges or London:

Book by phone: 226-289-3560

Book on-line: www.covidvaccinelm.ca

Transportation assistance may be possible through the West Elgin Community Health Centre essential rides program. Please call 519-768-1715, Ext. 2210 if you need transportation to your vaccination appointment.

Dear Health Centre Clients and Community:

The Health Centre is suspending the monthly Chronicle back page advertisement as of July 29, 2021.

We will continue to share information through the Chronicle from time-to-time but in a different format.

How are all the ways to learn about what's going on at the Health Centre?

Our Let's Connect and Community Support Services event calendars (in paper and electronic format), social media including Facebook, Instagram and Twitter, our website at weehc.on.ca, program flyers posted throughout the Community, email distribution, a digital support services program to assist clients without electronic media and personal contact with clients who are experiencing limited access to Health Centre information.

The West Elgin Community Health Centre team works with our communities and our partners to provide accessible, high quality health care, health promotion and community support services.

153 Main Street, West Lorne, Ontario N0L 2P0 T 519-768-1715 F 519-768-2548

> info@wechc.on.ca wechc.on.ca

> > **HOURS**

Monday - Friday 8:30am-4:30pm

WEST ELGIN COVID-19 ASSESSMENT CENTRE

by Appointment Only (located at the Health Centre)

Monday, Wednesday and Fridays 8:30 a.m. - 4:30 p.m. Please call 519-857-2683 Please have your OHIP card ready

Quit Cafe



August 5th 3:30 - 4:30 p.m. registration required

Men's Cooking



August 24th 5:00 - 6:30 p.m. registration required

Good Food Box



August 23rd registration required

Please contact Diane at 519-768-1715, Ext. 2224

Forms **Assistance Day**

August 4, 2021 09:00 - 12 noon (by appointment please)

Contact Stephanie S. 519-768-1715, Ext. 2203