Board Orientation

Andy Kroeker, Executive Director

October 3, 2023





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Every

AGENDA

- Centre Overview
- Board's Role
- Accountability and System Change
- External Partners and Resources





Centre Overview



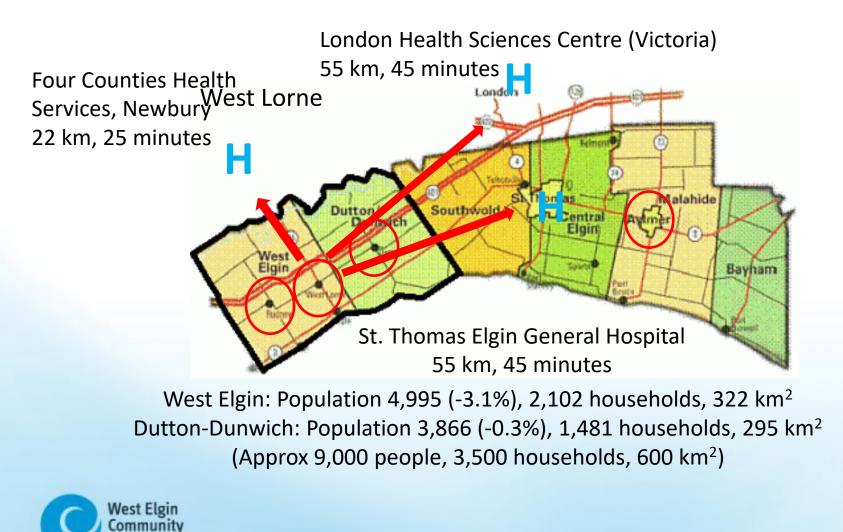
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History

- December 2, 1992 Letters Patent
- July 1994, First services delivered
- June 19, 1995 Official Opening
- January 2004 Move to current location at 153 Main Street
- May 2004 Official Opening
- August 27, 2008 Heritage Homes Official Opening
- February 3, 2012, Hub Official Opening
- July 2024 will celebrate 30th anniversary



Catchment Area



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Health Centre

West Elgin CHC

- \$6.5 million
- 50 FTE
- 100+ Volunteers

~7,500 clients (2,900 primary care and 4,600 other programs and services)

CHC	Average Age	% Clients Age 1-18	% Clients Age 19-34				in Income	in Income	% Clients in Income Quintile 3	in Income Quintile 4	in Income Quintile 5	Newcomer Clients
West Elgin	44.4	17.9	17.5	18.0	24.3	22.3	29.2	20.2 🤇	29.5	18.4 🤇	D/C	1.9
Ontario	42.6	17.6	21.6	19.5	21.3	20.0	34.5	22.1	18.1	13.7	11.3	13.6

Hours of Service

- Centre Hours: Monday, Wednesday, Friday 8:30am – 4:30pm Tuesday and Thursday 8:30am – 8:30pm
- Centre closes over lunch 12-1
- Assisted Living Program:

7 days per week, 6:00am – 10:00pm plus overnight coverage

• Clinical Team:

24/7 on call phone coverage





Are We a Rural Health Hub?

- Primary Health Care
- Chiropody
- Diabetes Education (2)
- Mental Health
- Dietitian
- Health Promotion
- Homelessness & Systems Navigation
- Children/Youth Programs
- Physiotherapy

West Elgin

- Chronic Disease Management
- Transportation
- Accessible Van
- Meals on Wheels
- Congregate Dining
- Friendly Visiting
- Caregiver Support
- Assisted Living
- Harm Reduction





Partners

- Gamma Dynacare Lab Services
- Talbot Trails Physiotherapy
- Canadian Mental Health Association Thames Valley Addiction and Mental Health Services
- St Thomas-Elgin EarlyON
- Southwestern Public Health
- VON Middlesex-Elgin



- Alzheimer Society Southwest Partners
- Community Living Elgin
- West Elgin and Dutton Dunwich Municipalities
- Central CHC, East Elgin and Thames Valley Family Health Teams
- St. Thomas Elgin General
- Four Counties Health Srv
- Home and Community Care Support Services



Organizational Chart

					Doa	rd of Directors							
					Comr	sittees of the Board							
					En	cutive Director					HROEA		
						Andy Krocker					Debra Auterhoff		
						Alidy Kroeker					Debra Attenion	-	
Pris	mary Health Services Direc	tor					Community I	lealth Services Director					Finance and Operations
	Kate Dymock							Barry Fellinger					John Mockler
ary Care	Diabetes Education	On-Site	Mestal	Dietitian	Let's Connect	Health Promotion		AL Coordinator			Volunteer/CSS Coordinator		Accountant
eam	Team	Partners	Health	Services	Team	Systems Navigation		Betty-Jo Drent			Betty-Jo Drent (Acting)		Steve Wilkins
				Registered Dietitian		Health				AL/CSS		Yan Drivers	Administration
sician Mardell	Registered Nurse Shelbey Bernard	Asthna Program	Therapist Robert Wojkowski	Larissa Church	Registered Nurse Debi Feasey	Health Promotion	Students	Assisted Living Support Team	Assisted Living Client Services Liaison	AL/CSS Admin. Assistant	Life Enrichment Program Lead	Dave Peskar	Administration Paula Alves (TL)
ivia dei	sileidey Dernard		Hobert wojsowski	Earlssa Charch	Debrifeasey	Stephanic Skelding		Adina Kilbourne	Cilent Services Liaison	Kristie Emery (Acting)	Michelle Johnson	Rob Sabo	Marcy Machado
ician	Registered Nurse	Endocrinologist	Therapist (C & Y)		ECE			Amanda Schoelier				Phillip Clubb	Heather Blakely
Rycerz	Sami Saleh		Melanie Silos-Crowell		Cindy da Costa	Systems Navigator		Kristie Emery				Marty Given	Karen Temple
Ĺ l						Health Promotion		Isolde Rivas				Malcom Burdett	Ben Buchanan 🔍
ician	Registered Dietitian	Athritis Society	Therapist		Child and Youth	Shelly Vergeer		Deniza Fagundes					Jane McPherson
ca Bond	Jenna Wissink		Jon Turalinski		Worker			Malou Soteco				Students	Christine Johnson
						Systems Navigation		Susan Irsag					
sician staphan	Registered Dietitian Marie Morley		Oasite Partners			Homelessness		Michelle Apfelbeck					Students
staphan	Marie Morley		Partners			Tanya Dale		Laurraine Hammersley Tracy Gordon				Yolunteers	Students
sician	Secretary		Case Manager			Students		Vanessa Utley					
lle Welch	Katherine McLeod		Stacie Hoover					Jayme Counter					Contracted Out
								Lindy Lockrey					Services
actitioner	Chronic Disease		Case Manager			Onsite - Ontario Works		Maria Teresa Montero					
Bodkin	Management		Torrie Henderson			Dakota Fisher		Keerthi Soman					Operations /
						Liz Hacon		Shannon Brown					Maintenance
Johnston	Chronic Disease NP Stephanie Aldom		Contracted Out Service Providers					Hailey Watson Taraesa Tellier					IT Services
Johnston	Stephanie Aldoni		Service Fromuers					i al desa i enier					Compass CHC
actitioner	Chiropody		Psychiatrist										
y Domen													
red Nurse	Chiropodist		Child										
Nesbitt	Rick Van der heide		Psychologist								West Elgin		
Nesbitt	Flick Van der helde		Psychologist								West Elgin Community Health Centre		
PN	Physiotherapy		Students								Health Centre		
a Kalita	Talbot Trails												
PN										Updated: Se	ptember 22, 2023		
'an Haecke													
um NP													
Nadeau													
-													
idents													

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Challenges – Recruitment and Retention

- Historically staff turnover due to lower salaries compared with hospitals combined with challenges of commuting.
- Tended to attract recent graduates who worked here for a few years before leaving for higher paying roles.
- Younger female work force means that maternity leave replacements are part of our reality.
- Causes client and staff concerns with continuity of care and challenges with increasing number of clients seen.
- For five years received Recruitment and Retention funding increase for staff salaries. Last one in 20/21. Brought non-leadership staff to 101% of 2017 rate.
- Assisted Living/ Community Support Services budgets have received smaller recent increases.



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Challenges 2 – Base Funding

- 85% of budget is for salaries and benefits
- 15% is for everything else

							CAPS Budg	et Historical	Base Fundin	gincreases			
			Recruitme										
			nt and	Mental		Chronic	Physiother	Transporta			Assisted		
	Base	Physician	Retention	Health	Diabetes	Disease NP	ару	tion	CSS	PSW	Living	Total	Comments
2009/10	\$46,400	\$178,300							\$2,451		\$14,691	\$4,569,999	Oct 12 10 2% base
2010/11	\$35,488	\$36,500							\$1,945		\$11,181	\$4,655,113	Aug 5 11 1.5% base Esimates
2011/12		\$53,800										\$4,708,913	
2012/13		-\$18,285		\$41,666								\$4,732,294	
2013/14												\$4,732,294	
2014/15					-\$5,500			\$5,000		\$47,331		\$4,779,125	
2015/16						\$125,000	\$97,000					\$5,001,125	
2016/17	\$40,450	-\$25,651								\$35,872		\$5,051,796	1% Base Oct 1 15 funding letter
2017/18			\$104,000							\$19,942		\$5,175,738	
2018/19			\$146,000					\$25,460				\$5,347,198	
2019/20			\$95,300						\$3,138		\$125,845	\$5,571,481	CSS/AL 2% Aug 10 18
2020/21		\$30,491	\$97,200									\$5,699,172	
2021/22		\$101,600	\$89,800								\$80,000	\$5,970,572	
2022/23												\$5,970,572	1% base assumption rescinded
2023/24									\$3,236	\$71,378	\$21,551	\$6,066,737	CSS/AL 2% base June 3 22: PSW Jun 21 22
2024/25		\$26,741							\$9,997		\$35,115	\$6,138,590	MD May 15 23 MD Aug 18 23 CSS AL 3% one time (Jul 17 23)
Total	\$122,338	\$383,496	\$532,300	\$41,666	-\$5,500	\$125,000	\$97,000	\$30,460	\$20,767	\$174,523	\$288,383	\$1,810,433	\$1,426,937
% Total	6.8%	21.2%	29.4%	2.3%	-0.3%	6.9%	5.4%	1.7%	1.1%	9.6%	15.9%		

CAPS Budget Historical Base Funding Increases

Board's Role



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WEST ELGIN COMMUNITY HEALTH CENTRE BY-LAW NUMBER 2

A BY-LAW TO PROVIDE FOR THE ORGANIZATIONAL STRUCTURE AND GENERAL ADMINISTRATIVE AND OPERATIONAL PROCEDURES OF <u>WEST</u> <u>ELGIN COMMUNITY HEALTH CENTRE.</u>

- Updated at Sep 20 23 AGM
- General, Membership, The Board, Officers of the Corporation, Protection of Directors, Officers and Others, Meeting of Members, Books and Records, Auditors, Execution of Instruments, Notices, Interpretation, Identification and Repeal of Former By-Laws



Board Policy Manual

- Online as part of Board Portal wechc.on.ca/resources/board-portal/protected
- Four Sections
 - Organizational Ends
 - Board Governance
 - Staff Limitations
 - Board Staff Relationships

www.wechc.on.ca

 Additional Operational and Departmental Policy Manuals



GOV 208 Directors Responsibilities and Declaration

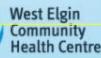
Each Director shall:

- at all times comply with the Centre's Code of Ethics and Conduct;
- at all times comply with the Centre's Privacy Policies;
- represent the interests of all of the Centre's stakeholders in a fair and unbiased manner, and not favour any particular individual or special interest group inside or outside of the Centre;
- exercise care and diligence when making any decisions regarding the Centre;
- not use their position as a director or their service to the Board for their own personal advantage or for the advantage of their friends or supporters;
- approach all issues being considered by the Board with an open mind and to carefully consider all such issues and to base their decisions on what is in the best interests of the Centre in both the long and short term.



Healthcare Insurance Reciprocal of Canada (HIROC)

- A Bodily Injury (incl. Personal Injury)
- A1 Advertising Injury Liability
- B Third Party Property Damage
- B1 Tenant's Legal Liability
- C Healthcare Professional Liability
- C1 Blood Transfusion Legal Liability
- D Contingent Employer's Liability
- E Employee Benefits Liability
- F Errors and Omissions/Directors' & Officers' Liability
- G Environment Impairment Liability
- H Non-owned Automobile Liability
- I Crime Insurance
- J Property Insurance (optional)





Directors' and Officers' Liability

- Covers Directors, Officers, Trustees, Members of Boards and Committees, Officers/Board Members of volunteer and auxiliary associations, and employees.
- Insurance covers judgments, settlements arising from allegations as well as costs of defending such allegations, whether groundless or not.





Directors and Officers Responsibilities

Directors and Officers have a fiduciary responsibility to act in the best interests of the organization

Responsibilities include:

- Duty of Loyalty
- Duty to Act Honestly and in Good Faith
- Duty to Act Prudently
- Duty to Act in Timely Manner



Board Executive

- Chair
- Vice-Chair
- Secretary-Treasurer



Board Committees

- Committee of the Whole
- Finance
- Governance
- Client and Family Advisory Council





Strategic Plan

Strategic Plan 2023-2026

VISION

Vibrant and Caring Communities, People, and Workplace

MISSION

Partnering with our communities to achieve the best health and wellbeing for all

VALUES

Compassion Excellence Collaboration Accountability Respect Equity

West Elgin Community Health Centre

West Elgin Community **Health Centre**



- Enhancing accessible primary healthcare
- Supporting the mental health of youth and young families
- · Meeting the changing needs of those aging and their caregivers
- Addressing the housing and food security challenges faced by those living in poverty
- · Advancing social justice through Reconciliation and by taking care of our environment
- Telling Our Story by engaging with our communities

compassionate workplace

- · Focusing on innovative recruitment, engagement, and succession planning strategies
- · Co-creating joy and kindness in the workplace
- · Equipping staff with the resources they need to do their work
- Pursuing funding to strengthen total compensation for staff · Providing meaningful experiences for more
- volunteers Leading with courage using
- open, respectful and timely communication

healthcare system in collaboration with our partners

- · Engaging in and influencing the outcomes of the Elgin Ontario Health Team
- Implementing shared opportunities with our primary care partners
- · Leveraging partnerships and community connections to support our clients
- Creating a resilient, responsive organizational structure



Vision

 Vibrant and Caring Communities, People and Workplace



Mission

 Partnering with our communities to achieve the best health and wellbeing for all





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Values

- Compassion
- Excellence
- Collaboration
- Accountability
- Respect
- Equity



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Strategic Directions

- Reimagine how our care and services improve equitable health and well-being outcomes
- Reconnect with our team to co-create a meaningful, healthy, and compassionate workplace
- Redesign a stronger healthcare system in collaboration with our partners



Operational Plan



2023-24 Operational Plan for West Elgin Community Health Centre Year 1:

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Priority	3 Year Outcomes	1 Year SMART	Lead	Timeline	Status	Progress Update
		Objectives		(Q 1/2/3/4)	(R/Y/G)	
Enhancing accessible primary nealthcare	Increase panel size Working with the OHT, resources to accommodate community primary care retirements are secured in West	1. Review and pilot recommendations Client Intake Process from Centre-wide perspective	Kate	Q2		
	Elgin Increase # of people receiving primary care in the area	2. Complete 300 intakes of Primary Care Clients		Q4		
Supporting the nental health of routh and young amilies	Improved mental health outcomes for youth and young families that we are <u>serving</u> Increase in # of <u>programs</u> Increase # of youth and young families <u>served</u> Working with the OHT: One more child & youth mental health therapist working with <u>us</u> Welkin has onsite staff at <u>WECHC</u> Child & youth system navigator in place Crisis mental health expertise on the team	1. Ensure that Green Space Health software is being used systematically, creating a baseline related to outcomes and communicate results	Barry	Q2		
Meeting the changing needs of those aging and their caregivers	Increase in # of caregivers <u>supported</u> Increase in # of older adults <u>supported</u> Increase in staff expertise in working with older adults and <u>caregivers</u>	1. Provide information to staff and clients on Caregiver Support Ontario and other resources 2. Assisted Living	Barry/ Kate Barry	Q2 Q4		
-		undertakes Quality Improvement Review with Partnering for Quality				



Accountability and Systems Change



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Ontario Health



Multi-Sectoral Accountability Agreement (M-SAA)

WECHC M-SAA Indicator Tracking 2022/23

Indicator	Q4 YTD (%)	Q4 Proposed Target YTD 22/23	Q4 Proposed Perf Stand LOW	Q4 Proposed Perf Stand HIGH
Schedule E1: Core Indicators				
Balanced Budget - Fund Type 2	1.8%	\$0	\$0	\$0
Proportion of Budget Spent on Admin	18.9%	20.0%	16.0%	24.0%
Schedule E2a: Clinical Activity-Detail				
General Clinic Individuals Served	2,496	2,280	2,052	2,508
General Clinic Service Provider Interactions	13,429	14,139	13,432	14,846
Foot Care Individuals Served	469	480	384	576
Foot Care Service Provider Interactions	1,817	1,800	1,620	1,980
Nutrition Individuals Served	245	200	160	240
Nutrition Group Sessions	35	35	28	42
Nutrition Group Participant Attendance	489	425	340	510
Nutrition Service Provider Interactions	451	360	288	432
Physiotherapy Individuals Served	367	350	280	420
Physiotherapy Group Sessions	14	60	48	72
Physiotherapy Group Participant Attendance	133	150	120	180
Physiotherapy Service Provider Interactions	1,954	1,800	1,620	1,980
Counselling Individuals Served	311	322	258	386
Counselling Group Sessions	21	36	29	43
Counselling Group Participant Attendance	285	430	344	516
Counselling Service Provider Interactions	1,816	1,872	1,685	2,059
Chronic Disease Individuals Served	305	225	180	270
Chronic Disease Group Sessions	28	60	48	72
Chronic Disease Group Participant Attendance	181	300	240	360

WECHC M-SAA Indicator Tracking 2022/23

Indicator	Q4 YTD (%)	Q4 Proposed Target YTD 22/23	Q4 Proposed Perf Stand LOW	Q4 Proposed Perf Stand HIGH
Chronic Disease Service Provider Interactions	1,232	1,000	900	1,100
Diabetes Individuals Served	801	950	808	1,093
Diabetes Group Sessions	4	20	16	24
Diabetes Group Participant Attendance	69	175	140	210
Diabetes Service Provider Interactions	3,585	3,075	2,768	3,383
Health Promotion Individuals Served	267	100	80	120
Health Promotion Group Sessions	56	50	40	60
Health Promotion Group Participant Attend	676	500	400	600
Health Promotion Service Provider Interact	697	350	280	420
Healthy Child Individuals Served	431	125	100	150
Healthy Child Group Sessions	171	150	120	180
Healthy Child Group Participant Attendance	1,825	1,700	1,530	1,870
Healthy Child Service Provider Interactions	332	450	360	540
Meals Delivery Individuals Served	114	65	52	78
Meals Delivered Combined	3,848	3,800	3,420	4,180
Congregate Dining Individuals Served	500	470	376	564
Congregate Dining Attendance Days	6,512	5,000	4,750	5,250
Transportation Visits	2,980	4,500	4,050	4,950
Transportation Individuals Served	130	150	120	180
Assisted Living Resident Days	8,974	9,125	8,669	9,581
Assisted Living Individuals Served	38	28	22	34
Caregiver Support Visits	471	2,000	1,800	2,200
Caregiver Support Individuals Served	94	330	264	396



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Quality Improvement Plan (QIP)

1

WORKPLAN QIP 2023/24

Org ID 92245 | West Elgin CHC

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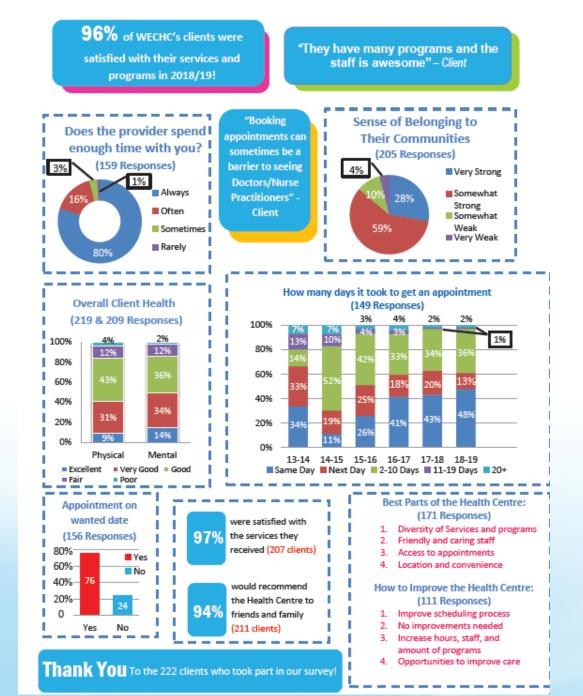
Theme I: Timely and Efficient Transitions

Measure Dimension: Timely

Indiantes #1	Turne	Unit /	Source /	Current	Tarrat	Torrat Instification	Eutomal Callaharatara		
Indicator #1	Туре	Population	Period	Performance	larget	Target Justification	External Collaborators		
Client perception of timely access to care	С	% / Clients	In-house survey / Apr 23 - Mar 24	СВ	85.00	Last asked in 2018-19 and 769 responded "yes". Survey will determine % who answered y "The last time you were sick o concerned you had a health problem, did you get an appointment on the date you wanted?" Alliance recommen- target of 85%.	es to r were		
Change Ideas									
Change Idea #1 Conduct client satisfaction survey to monitor performance on this indicator									
Methods	Pro	cess measure	s	Targ	et for pro	cess measure Co	mments		
Ensure consistent wording of question on client satisfaction survey		f surveys com	pleted		4% of client population complete surveys				



Overall Satisfaction with the Centre in 2018/19







Accreditation

- Centre has undergone voluntary accreditation every three to four years with the Canadian Centre for Accreditation
- Staff and Board review policies and practices
- On site review team for multiple days
- Last site visit December 2021
- Currently accredited through to March 1 2025
- Have given notice that we will no longer participate in the future due to the amount of work involved



Elgin Ontario Health Team (EOHT)



What are Ontario Health Teams?

Detario Health Teams provide a new way of organizing and delivering care that is more connected to people in their local communities inder Ontario Health Teams, health care providers (including hospitals, doctors, and home and community care providers) work as ees coordinated teams - no matter where they provide care.

Help improve health and well-being in Elgin County.

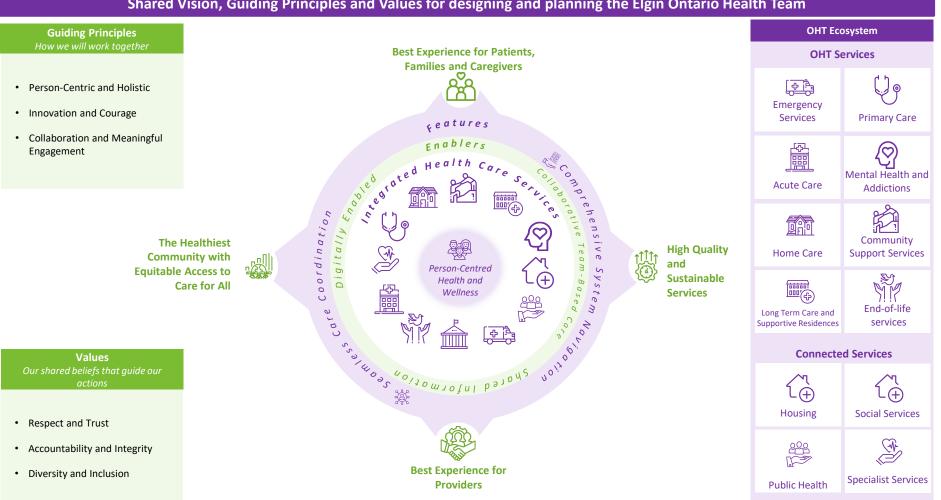
• <u>www.elginoht.ca</u>

Your Eign Ontario Health Team (OHT) is working to understand what the community needs, and we invite people accessing care, caregivers, and families who support lowed ones needing care, to share your thoughts about care in Eigh with the Eign Ontario Team. There are a number of ways to participate. For more information, please constat Luxen Caruana at <u>unne caranagetejinohtca</u>

- January 2019 Three sponsoring agencies Central (CCHC) and West Elgin Community Health Centres (WECHC) and St. Thomas Elgin General Hospital (STEGH)
- Fall 2020 Vision, Guiding Principles and Values
- Summer 2021 signed Collaborative Decision Making Agreement
- September 2021 formally approved as Cohort 3 OHT
- Deanna Huggett ED hired in March 2022
- Initial target population Seniors Respiratory Health including Chronic Obstructive Pulmonary Disease (COPD)

Community Health Centre





Shared Vision, Guiding Principles and Values for designing and planning the Elgin Ontario Health Team

Coordinating Council Membership

- Alzheimer's Society Southwest Partners
- Canadian Mental Health Association Thames Valley Addiction and Mental health Services
- Caressant Care Nursing and Retirement Homes
- Central Community Health Centre
- Cheshire Independent Living Services
- City of St. Thomas
- Closing the Gap Healthcare
- Community Member (3)
- County of Elgin
- Dale Brain Injury Services



- East Elgin Family Health Team
- Elgin Physician Association (2)
- Home and Community Care Support Services South West
- Hospice of Elgin St. Thomas
- PHSS (Participation House)
- Southwest Ontario Aboriginal Health Access Centre
- Southwestern Public Health
- St. Thomas Elgin General Hospital
- Thames Valley Family Health Team
- Victorian Order of Nurses
- West Elgin Community Health Centre



Challenges

- Involvement of people and Boards
- Engaging primary care
- Involvement of Home Care
- Need to build trust between people and organizations
- Funding support
- Identifying scope Health Equity, Social Determinants of Health (SDOH), Wellness, Health Promotion and Prevention to keep people out of hospital



Ministry OHT Update Nov 2022





www.wechc.on.ca

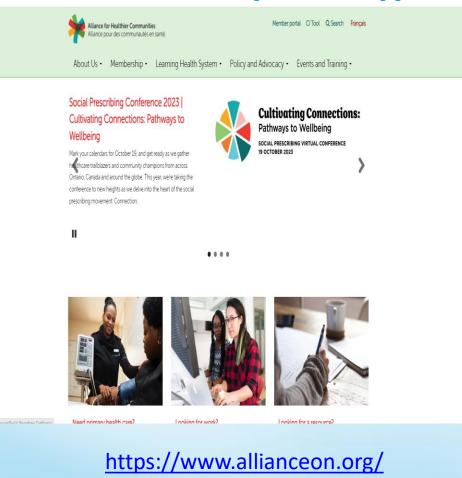
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External Partners and Resources



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Alliance for Healthier Communities (formerly Association of Ontario Health Centres (AOHC))



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West Elgin Community Health Centre

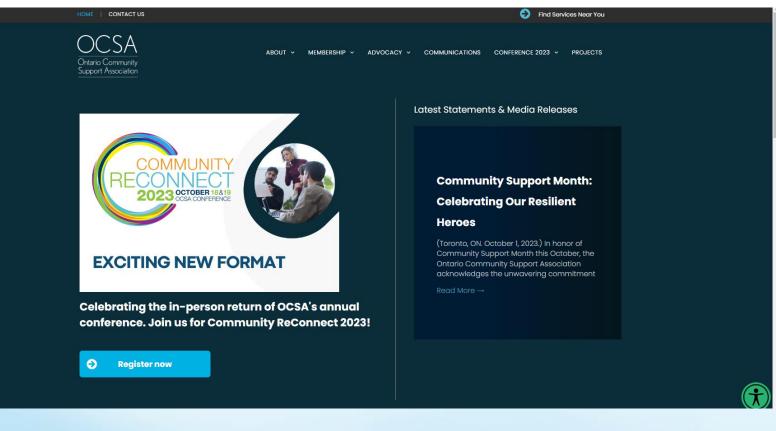


Neighbouring CHCs





Ontario Community Support Association (OCSA)





https://www.ocsa.on.ca/



PILLAR NonProfit Network





About

News & Insights Programs & Services Membership Events & Opportunities Search Q

BECOME A PILLAR MEMBER

share resources. exchange knowledge. create meaningful connections.



CONNECTING FOR COMMUNITY IMPACT





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Website wechc.on.ca



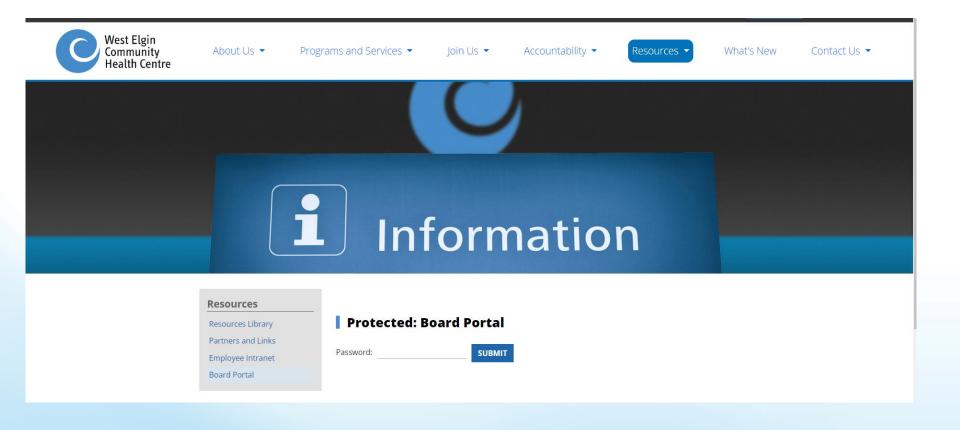
here since time immemorial and have deep connections to these lands. We also acknowledge the local communities which include Chippewas of the Thames First Nation, Oneida Nation of the Thames, Munsee Delaware Nation and Delaware Nation of Moraviantown. We further acknowledge that the area is covered by treaties, agreements and land purchases.

We are grateful for the opportunity to live, meet and work on this territory. We commit to building allyship relationships with First Nation peoples in order to enhance our knowledge and appreciation



West Elgin Community Health Centre www.wechc.on.ca

Board Portal



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Questions?





