



VON Middlesex-Elgin:

SUPPORTIVE CARE & BEREAVEMENT SERVICES

Our Supportive Care and Bereavement Services are free and referrals can come from anyone (health team, family, self, etc.).

Our program is available to adults in Middlesex and Elgin County, additionally, supports for children available in a group format. These supports are being offered in-person and virtually.



Bereavement Support

We offer 1:1 supports via telephone or in-person for individuals who are grieving the death of a loved-one, caregivers, individuals in hospice care, individuals with life-altering or life-threatening conditions. Support provided confidentially by trusted volunteers who have completed grief related training. Additionally, we provide a variety of different grief support groups.

Hospice Visiting

Volunteers provide meaningful companionship and share activities that are important to the individual and their family. Volunteers are part of the healthcare team and often become part of the respite support for caregivers needing a break from their role.

Hospice Care is about hope, dignity, and choice.

We focus on increasing quality of life and living each day to the fullest regardless of how much time remains. Emotional and spiritual support is provided by dedicated and compassionate volunteers who receive specialized training in hospice palliative care education.

Program Support Groups

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| -Healing Souls | -Bereaved Book Club |
| -Mourning Coffee Group | -Grief Yoga |
| -Bereavement Support Series | -Advanced Care Planning |
| -Kid's/Teen Circle | -Mindfulness Meditation |
| -Expressive Arts | |
| -Connecting Caregivers | -Walking Group |

Connect with Coordinator for group schedules

VON Volunteers are the heart and soul of the Supportive Care and Bereavement Program in Middlesex-Elgin County

FOR MORE INFORMATION CONTACT:

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