

### BEFORE COMING TO THE HEALTH CENTRE.... PLEASE CALL FIRST at 519-768-1715

The Centre is following provincial directives for gradually re-opening services. For now, coming to the Health Centre continues to be by appointment only please. We will see people in person only if needs cannot be met by telephone or by virtual appointments.

The West Elgin Community Health Centre team works with our communities and our partners to provide accessible, high quality health care, health promotion and community support services.

153 Main Street,  
West Lorne, Ontario N0L 2P0  
T 519-768-1715 F 519-768-2548

info@wehc.on.ca  
wehc.on.ca

**HOURS**  
Monday - Friday  
8:30am-4:30pm



We are doing our best to offer virtual and limited group programs at this time. To stay updated about our programs and services, please call 519-768-1715, Ext. 2400 or press 0 for reception. Visit our website at wehc.on.ca or our Facebook page.



If you come to the Health Centre, please bring your own mask, scarf or bandana to cover your face while in the building.

### Hours of Service

Monday - Friday 8:30 a.m. - 4:30 p.m.  
The Centre is closed between 12 noon - 1 p.m. daily



Continue to **wash** hands frequently.

Every  
One  
Matters.

### Important Information for Primary Care Clients

Primary care clients needing after hours support can call on-call services Monday - Friday after 4:30 p.m. and any time on the weekend. Please call the answering service at 519-675-3716 to be connected to the on-call Provider.

### Seniors and Adults with Disabilities Programs

#### Meal on Wheels

Deliveries Monday/Wednesday/Friday at the noon meal

#### Transportation

Providing essential rides only at this time

#### FUNctional Fitness

Wednesday and Friday at 10:30 a.m.  
Miller Park under the pavilion

#### Parkinson Support Group

Running in person the 4th Thursday of every month, 10:30 a.m., HUB

#### Acquired Brain Injury Support Group

Running in person the 2nd and 4th Wednesday of each month 1- 3 p.m., HUB

#### Caring Crafters

Running in person every Monday 1:30 - 3:30 p.m.  
starting August 10th, HUB

#### Walk n' Dine

Running in person the 2nd Thursday of each month starting August 13th

#### Soup's Out

Delivery August 18th between 11 a.m. - 1:00 p.m.

Programs have limited space at this time. Pre-registration is necessary. Please call Shelly at 519-768-1715, Ext. 2210

### Let's Connect Update

The Let's Connects wants all of our families, parents, children and youth to know we have missed you.

You can stay up-to-date on all our virtual programming and what's next for Let's Connect on the West Elgin Community Health Centre Facebook page or by connecting with us by calling 519-768-1715, Ext. 2314.

We are working on getting back to programming while keeping staff and participants safe, healthy and happy.

~ *Let's Connect*

Hope to see you again soon!



**Practice physical distancing**, stay two metres apart.



**Wear a face covering** when physical distancing is a challenge.



**Get tested** if you are worried you may have COVID-19, or have been exposed to the virus.