

Ages 10-19 YOUTH PROGRAMS

<u>Volleyball</u>

Ages 10–14 @ 3:30–4:30pm Ages 15–18 @ 4:30–5:30pm At the Dutton Community Centre Every Tuesday

Play, learn new skills & meet people who love volleyball as mush as you do!

Teen Cooking Box

Ages 13-19 Pick up between 1-4:30pm Pick up at West Elgin CHC Second Thursday of every month

Get all of the ingredients you need to learn a new recipe every month!

Free Period. Program

Females of all ages At the West Elgin CHC

Drop in once a month to pick up menstrual products for FREE! Call or email Kaitlyn to arrange a time to come in.

Book Club

Ages 10–15 @ 4–5pm At the West Lorne Library Last Tuesday of every month

If you love books & snacks, this is the club for you! You get to take home one book each month and then come together to talk about it while eating delicious snacks.

Board Game Club

Ages 10-15 @ 4-5pm At the Dutton Library Second Tuesday and Fourth Monday of every month

Play the classics like Trouble and Sorry! or try a new board game like Small Islands or Doomlings.

Youth + Senior

Penpal Program

Ages 10–18 Letter drop off & pick up at WECHC One letter per month

Be paired up with a senior in the community and write letters back and forth each month. Share your story and learn theirs!

Test Kitchen

Ages 10-14 @ 4-5:30pm At the West Elgin CHC Last Thursday of every month

Pair your kitchen skills and creativity to sort through the box of random ingredients and work together to figure out what meal to make.

Artistic Expressions

Ages 10-18 Pick up between 3:30-5:30pm At the West Elgin CHC Third Thursday of every month

Pick up one of these art kits and get all of the supplies and instructions you need to try something new!

Youth Advisory Council

Ages 14–24 At the West Elgin CHC

Take part in planning new programs and events for youth in our community!

For Registration Contact Kaitlyn - Youth Advocate kstoddart@wechc.on.ca or 519-768-1715 x2314