

# About the West Elgin Community Health Centre (WECHC)

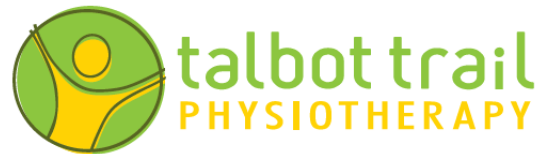
WECHC provides primary health care, illness prevention, and a range of community programs to the residents of Dutton Dunwich and West Elgin municipalities. Our Diabetes services are open to all Ontario residents and offered at multiple locations in Elgin County.

We are here for individuals and families and our programs support people of all ages. We care about your physical health, mental health and the health of the entire community. Please visit our Centre, call us at 519-768-1715 or go to our website at [wehc.on.ca](http://wehc.on.ca) to learn more about us.



West Elgin  
Community  
Health Centre

Physiotherapy services are offered by Talbot Trail Physiotherapy and funded by West Elgin Community Health Centre.



146 Munroe Street  
West Lorne, ON N0L 2P0  
[TalbotTrailPhysiotherapy.ca](http://TalbotTrailPhysiotherapy.ca)  
T 519-768-3998

West Elgin Community Health Centre  
153 Main Street  
West Lorne, ON N0L 2P0  
T 519-768-1715 F 519-768-2548  
[wehc.on.ca](http://wehc.on.ca)

## Physiotherapy Services

Talbot Trail Physiotherapy and West Elgin Community Health Centre have partnered to offer physiotherapy and group classes at no cost to you.



WECHC's Physiotherapy program is available to this community through funding from the LHIN (Local Health Integration Network) to help ensure that individuals have access to physiotherapy services.

WECHC took the funding and partnered with Talbot Trail Physiotherapy who were already established in West Lorne and are experts in this field.

The Talbot Trail Physiotherapy clinical team focuses on the assessment and treatment of all conditions related to bone, muscle and joint problems. They know you want to return to your optimal level of physical function in the shortest period of time, and will work with you at the time of assessment to develop a personalized treatment program to meet your needs.

In addition to offering services funded by this program, Talbot Trail Physiotherapy team also host a variety of services that you can access for a fee.



### Who can access this program

The program is fairly new and we have a fixed amount of money from our funder to operate the program. Occasionally, we make adjustments to the program criteria to better meet the demand of the community and stay within budget.

To be eligible for this program you:

- do not have benefits (or your coverage has run out/been used)
- have a referral from your primary care provider **OR** you can self-refer

### What the program offers:

The current program includes:

- a thorough initial assessment of your needs and development of a program designed for you to meet those needs
- one on one physiotherapy sessions at no cost to you. We have a fixed monthly budget. The number of sessions you can access is based on client demand. Our goal is to give many people some services at no cost to them. You may only be able to receive one series of appointments annually, based on demand. Your annual entitlement will begin again at the start of each new fiscal year (April 1).

[You may also qualify for group exercise classes funded by the WECHC. Call Talbot Trail Physiotherapy to learn more!](#)

