

About the West Elgin Community Health Centre

The Centre has served our rural communities for 30 years. We believe that housing, education, food and the environment all play a role in health and well-being. We believe that language, literacy and poverty should not get in the way of receiving great care. At our Centre we continue to value and advocate for a more inclusive society.

VISION:

Vibrant and Caring Communities, People and Workplace

MISSION:

Partnering with our communities to achieve the best health and wellbeing for all

VALUES:

Compassion, Excellence, Collaboration, Accountability, Respect and Equity

“In the heart of every young person lies the potential for greatness”

We offer youth programs (ages 10-18) throughout West Lorne, Dutton, and Rodney

West Elgin Community Health Centre

153 Main Street

West Lorne ON, N0L 2P0

T 519-768-1715 F 519-768-2548



Land Acknowledgement

We are grateful for the opportunity to live, meet and work on this territory. We commit to building allyship relationships with First Nations peoples enhancing our knowledge and appreciation of their many histories and voices



West Elgin Community Health Centre

Youth Programs

Ages 10-18



February 2025

At A Glance

All are welcome!

You do not need to see a doctor or nurse practitioner at the Centre to participate in our **FREE** youth programs.



What's Happening?

Our programs change from month-to-month depending on resources and the needs of youth in our community.

Please contact us to ask about our current programs, to sign-up for our monthly newsletter, or if you have any questions. We love hearing from you!



Programs and Activities

All Sorts of Sports: Play a variety of sports and activities in Dutton and West Lorne

Teen Cooking Box: Take home a meal kit and learn a new recipe to cook for dinner

Test Kitchen: In-person cooking classes to learn new skills and cook with seasonal ingredients

Baking Lab: In-person group baking classes

Board Game Club: Meet at the Dutton Library for an hour of board games

Book Club-Library Loot Boxes: Pick up a loot box once a month from the library! Includes a book, a creative project and sometimes a sweet treat

Artistic Expressions: Take home an art kit with everything you need to start a new artistic project

Art Hub: Join other budding artists to explore a different artistic medium each month -from pottery to fibre arts!

Worker Bees Horticultural Club: Plant, grow and tend to our Youth Community Garden throughout the season

Girls Club: Get together with the girls for a fun activity and good conversation!

We also offer programming for any youth nervous about joining a group program. You'll meet one-on-one with our Youth Advocate and create a plan that works best for you with the ultimate goal of taking part in our programs.



Meet Your Youth Advocate

Kristina Pringle

(519) 768-1715, Extension 2314

