

The West Elgin Community Health Centre team works with our communities and our partners to provide accessible, high quality health care, health promotion and community support services.

153 Main Street,
West Lorne, Ontario N0L 2P0
T 519-768-1715 F 519-768-2548

info@wechc.on.ca
wechc.on.ca

HOURS

Monday - Friday
8:30am-4:30pm

WE ARE OPEN... PLEASE CALL BEFORE COMING TO THE CENTRE at 519-768-1715

All Health Centre staff continue to provide service, however, many in-person programs are still on hold. We are providing service by telephone or virtual visits whenever possible. We also see our clients in person.

Seniors and Adults with Disabilities Program Update:

Meals on Wheels on Monday, Wednesday and Fridays. Soup's Out will be May 4th and 18th. Transportation remains in place for essential rides.

Virtual Zoom Chair Yoga continues on Tuesdays at 11-11:30 a.m. and Fridays 10-10:30 a.m.

Virtual Art Talk May 5th 10-11 a.m., Virtual Trivia Game May 13th 2-3 p.m. (To register call Jenna at Ext. 2319 or Taryn at 2399)

For all other programs please check in with Shelly or Jenna 519-768-1715, Ext. 2210 or 2319.

Let's Connect Programming Update:

For our program calendar please connect with Kelly or Cindy at 519-768-1715 Extension 2314 or 2202 or watch for our Facebook posts!

***Hours of Service** Monday - Friday 8:30 a.m.-4:30 p.m. Closed 12 noon-1 p.m.

If you have any questions please feel free to contact us at 519-768-1715

WEST ELGIN COVID-19 ASSESSMENT CENTRE

by Appointment Only
(located at the Health Centre)

Monday, Wednesday and Fridays
8:30 a.m. - 4:30 p.m.

Please call 519-857-2683
Please have your OHIP card ready



Try out some strategies to enhance your wellbeing this week:
(intended to enhance a sense of wellbeing, additional resources may be required to address sources of distress)

MONDAY

Go for a walk in nature

TUESDAY

Send a card to someone

WEDNESDAY

Make time to be still and focus on your breathing

THURSDAY

Dance to your favourite song

FRIDAY

Plan a virtual date with a friend

SATURDAY

Do a good deed for your neighbour

SUNDAY

Recall a favourite memory that makes you smile

Local Mental Health Resources

Reach Out
1-866-933-2023
www.reachout247.ca

The Health Centre provides free, private counselling services. Counselling is available for adults, children and youth. To learn more please contact us at 519-768-1715 or visit our website: wechc.on.ca

Elgin County Covid-19 Vaccination Information

To learn who is eligible for vaccination please visit the Southwestern Public Health website at: www.swpublichealth.ca/eligibility or call 1-800-922-0096 Ext 1444

Select pharmacies are also administering vaccinations.

To find a pharmacy: <https://covid-19.ontario.ca/vaccine-locations>

If someone 60+ needs help booking an appointment join Southwestern Public Health's Help List at: <https://forms.swpublichealth.ca/COVID-19-Help-List>

Vaccination is by appointment only. You can book an appointment in St. Thomas, Mount Brydges or London:

Book by phone: 226-289-3560

Book on-line: www.covidvaccinelm.ca

Prior to your appointment you must complete the COVID-19 vaccine consent form. The most current consent form is available on the Southwestern Public Health website



PSW and DSWs Transportation Drivers

(Casual Positions)

RPN (Full-Time Contract)

Please contact Human Resources at 519-768-1715, Ext. 2204 or via email at: dauterhoff@wechc.on.ca

or visit our employment page on our website for posting details:

wechc.on.ca